

Minutes Of Committee Meeting 30th October 2024

Present: Eileen Wood (EW), Iain Jordan (IJ), Graeme Gatherer (GrGa), Gail Greenwood (GaGr), Bruce Gibb (BG)

Apologies: Jim Hunter (JH), Nancy Davidson (ND), Donna Wilson (DW), Aimee Stark (AS)

Welcome & Introduction:

BG welcomed everyone to St Marks Church Hall and shared apologies.

Agenda:

1. Club updates

Inclusion – BG covered JH update. 30 paid up members and delighted to have been awarded para footprint from Scottish Disability sport at their AGM in October.

Welfare update – BG covered AS update. PVGs are all through now and Aimee has a zoom call with Scottish athletics to review how the new system is going.

5/6pm Groups – BG covered ND update. All well with the early groups. Numbers are steady and thanks to all those supporting to make the sessions run.

7pm Groups – GaGr Increase in numbers post Olympics. Regular attendees also increasing eg from 1 night to 2 . Eddie McKenna integrating around the club over the last few months and could potentially be looking to support. Eddie is an experienced coach with high pedigree.

Coaches discussion to be had around how athletes develop and grow, between groups. This is across all areas (ie younger groups moving up, athletes moving between the 7pm groups etc). Looking for more coaches and parent help to aid this as some groups are bigger than others.

Depending on how far they would like to support, the committee agreed it would continue to support any volunteer to advance through any courses they wish to take part in and advise where funding can be obtained from for these. PVG required potentially. [ACTION – GrGa to post on Facebook asking if anyone would like to volunteer.](#)

Comms link to moving up at the end of the summer. [ACTION – Coaches to agree plan for how athletes move up between groups. To be finalised by the start of the outdoor season.](#)

Treasurer – BG covered DW update. P&L for year ending July 2024 in a good position. **BG forgot to say that the invoice to PKC for the track has not come in yet so that is still to pay.*

Big thank you to

- The Cassies who raised £810 running the Edinburgh Marathon.
- Lynn and Graeme for the sales on vests and spikes respectively
- The Sports council for their grant of £500
- The sponsored Run and those who took part and supported. They raised £2141.80.

BG proposed that committee and coaches look at what they would like to spend the money on. Important that the club can articulate back to those who support us with what difference it made eg part of the Marathon money bought the new Gazebo.

Membership emails are out and about In athlete/parent email inboxes so coaches should be prompting athletes to make sure these are completed. [ACTION coaches to prompt their groups on paying membership DW will update with who hasn't.](#)

DW had 2 questions.

Are we charging for mini buses to cover fuel cost? No, as part of the Ts & Cs of the hire we aren't allowed to.

Online shop money, does this come to the club? No, the sale is with the vendor so nothing comes back to the club.

Indoor/Track Cleaning – Frustrating progress on both these subjects. Business manager at PGS still hasn't got additional cards organised (spoke directly with him today). Track won't be cleaned. The budget falls with the school and Business manager does not believe it needs done/no budget for this. Is not aware of the required cleaning schedule. The mark on the outside of the track was cleaning because of potential slip hazard.

2. **Competition update** – GaGr read comp update. Many successes picked out, XC has started well and combined teams with Strathearn for Indoor league. [ACTION – ALL. Continued comms for getting more athletes into competitions. With and through coaches, slips home and media platforms](#)
3. **Club Champs** – GrGa ran through the event with big thanks to everyone involved. Great event for the athletes. Disappointed that that not all committee supported with the organisation and on the night and that the running or normal groups at the same time had led to some athletes not knowing where they should be, and some not knowing the club champs were on.

BG stated that with some of the committee not present, it wouldn't be right to continue part of that discussion. However, the agreement from the committee in previous meeting was that the club champs event was to be 1 event the club could all get behind and support. But said that the lack of committee meetings in-between, could have been a factor in this being lost.

BG thanks Graeme for the time and effort he put in to organising the event.

Committee then discussed how to make the event better for the future with next year and beyond discussed. Ideas included:

- PA system
- Music between events
- Tea/Coffee stand
- Charging per event?
- Pre-entry for events to reduce on the night admin.

- Review of event timing and order. Throws to be split across both nights (if it is 2 nights).
- Which night to run it? Agreed not to be a club night (def not Tuesday) End of the summer?

BG shared a longer term vision of how he believes the club champs could look, as a series of Open Graded events.

This would give our athletes the opportunity to get proper times for events and added to the power of 10 rankings, it would give anyone who couldn't compete on a 1 night of the champs another chance elsewhere to get results in, it would support team managers to pick on form runners for league matches and provide those not selected the chance to get more races.

As an Open Graded, other clubs athletes could also compete, increases the numbers giving closer racing. The PSH athletes results would be converted into points, as we currently do, and champions decided.

For 2025 champs, there must be specific committee meetings to agree the detail ahead of time (pre outdoor season starting). **ACTION – BG to set meeting dates and call out Club champ specific meetings.**

Build for next years champs could be to invite Strathearn to join us to have their club champs? **ACTION – GaGr to talk to Strathearn about the possibility of joining our event.**

4. Prize Giving

- Winners – **ACTION – BG to resend trophy list. GaGr/GrGa to agree club champions and cross country awards. Coaches to agree 4 awards athlete, 2x harrier of the year and most improved. JH to nominate Presidents trophy. Any missing awards to be purchased.**
- Date – **ACTION BG to talk to St Marks to find a Sunday afternoon this side of Christmas.**
- Venue – St Marks, potentially
- Format – TBC. Suggested Relaxed format with snacks and drinks and awards.

- Club Standards awards** – GrG proposed the introduction of club standards. System is currently used by other clubs and there is a recognised method of setting the various Gold/Silver/Bronze performance bar. Purpose would be an additional method of celebration for every athlete for their achievement. Performances would need to be supported with an official result (ie Power of 10 etc). Lynn to support if agreed. Committee agreed this was a great idea. **ACTION – GrGa to follow up and provide the standards and targets.**

- Club membership and nightly charging** – BG proposed leaving all fees as is for next year. Committee agreed. **ACTION – BG Next discussion on fees to be ahead of new membership window**

7. **AGM** – AGM date is now on the website (can we check and add to FB if it's not there).
Short discussion on what's required for the night.

8. **AOCB**

- a. **Celebrations** – A short run down of celebrations were picked out from across the year
- b. **Online Shop** – Now live with a great selection of club merchandise to buy. This will grow as more items are sourced including vests. Delivery is currently a week. IJ updated on his order and GrGa had kit with him to show. Link on both Facebook and the Website. **ACTION** – All committee and coaches to promote to athletes.
- c. **Parent access to training** – Request from parents to be able to come back into the track to watch training. Committee agreed in principle with further discussion required on any considerations. **ACTION** – AS to lead from welfare perspective. Is there anything that needs considered or set out before we can tell parents they can watch.
- d. **Meeting dates** – BG suggested long term dates be set for meeting as the quarterly cycle did not work through 2024. GrGa asked BG to create a list of dates. **ACTION** BG to send list of dates.
- e. **First aid training** – GaGr discussed the need for First aid training as a requirement for all coaches. **ACTION** - BG to find out if it is a mandatory part of every coaches licence. Further planning conversation at next meeting.
- f. **Mini bus** – PKC are giving mini buses away to local clubs. Short discussion was had with a general feeling that this was great but the logistics of it made it hard to be practical for us. Consensus was we should continue to move forward with the current plan.
- g. **Social media/website/comms** – Short discussion on how we use the social media and comms platforms we have to grow our the clubs messages. This would include competitions, results and other club news. **ACTION** - discuss further at next meeting – with a view to add more social media platforms (Instagram etc) and the option to have a comms/media role, supporting those who already make contributions.
- h. **Athlete rep(s)** – EW made us aware of a suggestion from the athletes, would it be beneficial to the committee to double up the athlete representation on the committee. The proposal would be 1 Track Rep and 1 Field Rep. Committee agreed. **ACTION** - fill the position at the AGM

Additional notes:

Not discussed due to time.

TCS London Marathon – We are due to be entered into the ballot a marathon spot. It's agreed by senior member numbers which is why we're in the ballot. Does anyone want the space should we be successful?

Scottish Athletics AGM – This is to be held virtually on Saturday 9th of November at 10am. Bruce has the details for anyone who wishes to attend. Any attendee needs to register by the 8th to say they are attending. From how the invitation reads, only one attendee per club.

Age Groups – As a part of the detail for the SA AGM the age group changes will be detailed. From Jan 1st 2026 Scottish Athletics will align with World Athletics on all junior ages groups.

- These will be under 12/14/16/18/20.
- The date cut off for calculating age will be the 31st of December
- The competition year for Track, Road Running and Xcountry will be 1st Oct to 30th Sept.
- The competition year for Trail and Hill running will be 1st Jan to 31st Dec.

Updates since the Meeting:

Indoor Access – Graeme was handed 3 additional door cards by the janitor on Thursday 31st. That now gives us 4 cards and we should be able to work with these to allow access to the indoor hall across all sessions.

The cards are named so the school can track should 1 go missing. Nancy and Eileen (for early/throws groups) and Alan from a 7pm perspective. That leaves the initial card (which is in Bruces name) to hand to a 7pm coach. Coaches should decide who needs this and I'll pass on.

Track Cleaning – Following an escalation from Bruce (alongside Perth & Kinross Sports Council), the property team at PKC have agreed that an immediate clean of the track will be carried out as soon as possible.